

ARANDA AFTERS ASSOCIATION

# SPRING SVC 2023

## Overview

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## ABOUT THE SPRING SVC

This Spring SVC will be running from the 25th of September till the 6th of October. We will be closed for service on the 2nd of October due to a public holiday. Our Service is open from 8:30 am - 6 pm. A range of activities will be provided for the children while they are at the service and during excursions and incursions. Morning tea and Lunch is **not** provided by the service, although a range of different Afternoon tea meals is provided every afternoon for the children. For more information about the program please email our SVC Coordinator. [svccoordinator@arandaafters.com](mailto:svccoordinator@arandaafters.com)

## ENROLMENT INFORMATION

Enrolments for the Spring School Holiday program will open Monday of Week 8 the 4th of September. Early Bird bookings will be from the Monday the 4th of September till Sunday 17th of September. Enrolments will be processed from Friday of Week 8, 8th of September. And will be processed every Monday and Friday. Please contact the Executive Officer for more information about enrolments. [admin@arandaafters.com](mailto:admin@arandaafters.com)



# SPRING SVC PROGRAM

## Spring SVC 2023

What's happening this Holidays at Aranda Afters?

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	25th Sep Excursion <b>Cockington Green Gardens + Train Ride</b>	26th Sep Incursion <b>Silent Disco</b>	27th Sep Excursion <b>Inflatable World</b>	28th Sep Incursion <b>LEGO Masters And Movie Day at Afters</b> PJ Dress Up Day	29th Sep Excursion <b>Boundless Playground + Picnic Lunch</b>
Week 2	2nd Oct  <b>Public Holiday</b>	3rd Oct Incursion <b>Gecko Sports Mini Olympics</b> Sport Jersey Dress Up Day	4th Oct <b>Split Excursion</b> Seniors : Laser Tag Juniors: Mini Golf	5th Oct Incursion <b>Bubble Pop! People Show</b>	6th Oct Excursion <b>Hoyts: Ruby Gillman, Teenage Kraken</b>

## ABOUT THE SPRING SVC

This Spring SVC we will be continuing to achieve to have the best possible fun children can have during their time with us.

We have created this program through feedback we have collected from families and children over the last School Holiday Program as well as during Term 3.

Following the theme of Spring we will have a lot of Spring weather appropriate activities available for the children at the service.

Excursions and Incursions have been planned to ensure that there is a variety of different options for children of many interests.

We encourage all children and our educators to get involved in the program.



# INTRODUCTION ABOUT SVC

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Dear Families,

The upcoming School Vacation Care program will commence on Monday the 25th of September to the 6th of October. **The 2nd of October is a Public Holiday and the service will not be operating.**

This Document outlines the educational, cultural and social outcomes of our planned activities as prescribed by the National Quality Framework (NQF) and the My Time Our Place Framework (MTOP).

The Program for each day included supporting activities that will operate in conjunction with the main programmed events or activities described in this overview. These include, but are not limited to:

- Construction activities with a wide range of versatility
- Dramatic play and interaction
- Music and Dance
- Art and Craft activities
- Sporting activities
- Quiet reading/relaxation and sleep rest areas
- Board Games
- Science activities
- A range of other social interaction-based activities designed to keep children entertained, active and productively engaged

The activities and excursions include responses to parent's and children's feedback and ideas, which we strive to incorporate as much as possible into our program. We gathered information from children's ideas during the After School Care (ASC) Program during Term 2 and 3 2023 as well as throughout the past School Vacation Care (SVC) Programs. This information was collated and analysed by the Afters team to achieve the most rounded SVC Program possible in relation to the NQF and MTOP standards.

Aranda Afters Association Inc. engages in a variety of excursions and trips away from the Centre as part of our School Vacation Care program and as such, we will be using CDC Canberra Transportation previously known as Qcity Charter Transportation for all our travel needs. This is a tried and trusted company that has supplied Aranda Afters in the past. CDC Canberra Transportation can be contacted on 1800 780 935 or by emailing [charters.canberra@cdcbus.com.au](mailto:charters.canberra@cdcbus.com.au)

As part of excursion and incursion regulations for supervision, Aranda Afters' School Vacation Care must comply with legal ratios which dictate how many staff we must have rostered on to work per number of children. This ratio is:

Excursions = 1 Staff : 8 Children

Incursions / While at the Centre = 1 Staff : 11 Children

Water Based Excursions = 1 Staff : 5 Children

All these ratios are taken into consideration when planning and programming for Vacation Care but if you have any concerns please contact the Aranda Afters Office on 0410 620 559 or by emailing [admin@arandaafters.com](mailto:admin@arandaafters.com).

# WEEK 1 SPRING SVC

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## **Monday 25th of September 2023- Excursion: Cockington Green Gardens**

To start this Spring Holiday Program off we will be heading on an excursion to the Cockington Green Gardens. Children attending this excursion will engage in a discovery tour of the Cockington Green Gardens with a fun train ride at the end of the excursion. We will be departing the service at 10am for the excursion and will be back at 1pm.

For the afternoon session following the theme of the excursion we will be providing the children with some fun garden themed activities such as seed bombs, pot decorating and making birdhouses.

**Excursion Location: 11 Gold Creek Rd, Nicholls ACT 2913**

**Excursion Information: Please Arrive at the service by 10am to allow time to prepare for the excursion. Departing service at 10:30am and returning to the service at 1pm.**

## **Tuesday 26th of September 2023- Incursion: Silent Disco**

For Tuesday we will be staying at the service for a fun Silent Disco Incursion. To start the morning off we will be following the theme of the silent disco incorporating that into musical themed activities such as making drums, creating music videos. As well as art and crafts.

For the afternoon session we will be starting our fun silent disco ran by external vendors by Funday Out. This features headphones that links up to the DJ that will be playing a range of songs, children will also be part of some fun dancing games during the silent disco.

**Incursion Details: The Silent Disco will begin at 1:30pm and end at 3:00pm.**

## **Wednesday 27th of September 2023- Excursion: Inflatable World**

For Wednesday we will be starting the day off with an Excursion to Inflatable World in Kambah. This is an excursion we have done many times before and children love every time. Children will be indoors for this excursion and will enjoy 2 hours of jumping fun!

Returning to the service for the afternoon session children will enjoy some sensory arts and crafts to regulate after a intense fun excursion followed by a fun scavenger hunt around the service.

**Excursion Location: 6 Jenke Circuit Kambah**

**Excursion Information: Please arrive at the service by 10:30am we will be departing the service at 11am. We will return back at 2pm.**

## **Thursday 28th of September 2023- Incursion: LEGO Masters + Movie Day**

### **Pyjama Dress up Day**

For Thursday we will be starting the day off with the LEGO Masters Incursion.

Children will be splitting into small groups to create a LEGO Creation that ties to the theme of the movie. There will also be pictures of what they can recreate. They will be given a time limit.

For the afternoon we will be having a movie day at Afters including Popcorn and juices during the movie. We will be watching the Lilo and Stitch movies.

**LEGO Masters Incursion: starts at 11:00am**

**Movie Afternoon: Starts at 3:00pm**

**Following from feedback for families we will now be doing Pyjama Days at the Service! So we encourage all children to dress up in their favourite pyjamas!**

## **Friday 29th of September 2023- Excursion: Boundless Playground + Picnic Lunch by the lake**

For Friday we will be starting the day at day off with lots of fun arts and crafts activities and some fun cooking activities.

For the afternoon session we will be heading to the Boundless Playground. We will be having lunch at the excursion although this is not afters provided. Children will enjoy 2 hours of free play down at the Boundless Playground.

**Excursion Location: Boundless Playground, Wendouree Dr Parkes**

**Excursion Information: Please arrive at the service by 11:30am we will be departing the service at 12pm. We will return back at 2pm.**

# WEEK 2 SPRING SVC

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## Monday 2nd of October 2023- **Public Holiday Service Closed**

### Tuesday 3rd of October 2023- **Incursion: Gecko Sports Mini Olympics**

For our start for the second week we will be starting the week off with an Incursion at the service ran by Gecko Sports.

For the morning session children will be able to embrace the sports day with a some fun sport themed activities with a playground hop around the school with some giant games such as giant bowling, checkers and jenga.

For the afternoon session we will be having our Incursion with Gecko Sports, they will be running an Mini Olympics session with the children.

**Gecko Sports Incursion: Starts at 1:00pm**

**Since it is a Sports Day we will be encourage all children and educators to dress up in their favourite sports teams colours or Jerseys.**

### Wednesday 4th of October 2023- **Split Excursion Day: Laser Tag Zone 3: Seniors and Mini Golf Powerkart Raceway: Juniors**

For our second Wednesday we will be having our Split Excursion Day Seniors will have their excursion in the morning heading to Belconnen Zone 3 for a session of Laser Tag and Arcade games. Juniors will stay at the service and do some fun Arts and Crafts before getting ready for their excursion at Powerkart Raceway for a game of Glow in the Dark Mini Golf. Seniors will arrive back at the service and will be able to do some basic wood crafts.

**Senior Excursion Information:**

**Excursion Location: Zone 3, 28 Weedon CL, Belconnen**

**Excursion Information: Please arrive at the service by 10:00am we will be departing the service at 10:30am. We will return back at 1:30pm.**

**Junior Excursion Information:**

**Excursion Location: Powerkart Raceway 125 Canberra Ave, Griffth**

**Excursion Information: Please arrive at the service by 12:00pm we will be departing the service at 12:30pm. We will return back at 2:30pm.**

### Thursday 5th of October 2023- **Incursion: Bubble Pop! People Show**

For Thursday we will be having a Bubble Show Incursion at Aranda. For the morning session we will be following the theme of Dramatic Play throughout the day allowing children to participate in Drama theme activities. Children will also be able to participate in a Recycled Fashion Show at afters!

For the afternoon session we will be having our Incursion organised through Funday out the Bubble Pop! People Show. While also being able to experience creating their own bubbles.

**Bubble Pop People Show Incursion: Starts at 1pm.**

### Friday 6th of October 2023- **Excursion: Hoyts: Ruby Gillman, Teenage Kraken**

For our final day of the Spring SVC we will following an Afters Tradition heading to Belconnen Hoyts for a Movie Session. This Holidays we will be seeing the movie Ruby Gillman, Teenage Kraken.

For the Morning Session we will having an SVC Party that will be dedicated to any of the children that may have had birthdays during this SVC. This was a suggestion we have had from families. This SVC Party will include fun party games and some party food such as fairy bread!

For the afternoon session we will be heading on our excursion to the Belconnen Hoyts for our Movie session. Children will also enjoy popcorn and juice poppers!

**Excursion Location: Westfield Belconnen- Hoyts Belconnen**

**Excursion Information: Please arrive at the service by 12:00pm we will be departing the service at 12:30pm. We will return back at 3:30pm.**

**Link to view Trailer: <https://www.hoyts.com.au/movies/ruby-gillman-teenage-kraken>**

# SPRING SVC AFTERNOON TEA MENU

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## MONDAY

### WEEK 1

Vegetarian Nachos  
Served with  
Seasonal Fruit and  
Vegetables

### WEEK 2

PUBLIC HOLIDAY

## TUESDAY

### WEEK 1

Vegemite and Jam  
Scrolls  
Served with  
Seasonal Fruit  
and Yogurt

### WEEK 2

Assorted Pizza's  
served with  
Seasonal Fruit  
and Vegetables

## WEDNESDAY

### WEEK 1

Assorted Wraps  
served with  
Seasonal Fruit  
and Vegetables

### WEEK 2

Vegetarian Fried  
Rice served with  
Seasonal Fruit  
and Yogurt

## THURSDAY

### WEEK 1

Pizza's served  
with Seasonal  
Fruit and Yogurt

### WEEK 2

Vegemite and Jam  
Scrolls with  
Seasonal Fruit  
and Vegetables

## FRIDAY

### WEEK 1

Pasta Bake served  
with Seasonal  
Fruit and  
Vegetables

### WEEK 2

Assorted Wraps  
served with  
Seasonal Fruit  
and Vegetables





# MY TIME OUR PLACE ACHIEVEMENTS

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School age care settings pay attention to the needs and interests of individual children within a context that promotes collaboration and active citizenship. Children in school age care settings have choice and control over their learning as they collaborate with educators to extend their life skills and develop dispositions towards citizenship.

Children's wellbeing, development and enrichment is achieved in different and equally meaningful ways. Their development is not always predictable and linear. Our educators plan and collaborate with children and with the following Outcomes in mind.

The following Outcomes demonstrate how the three elements of the MTOP Framework combine to guide program decision-making and assessment to promote children's opportunities for belonging, being and becoming.

## **Outcome 1: Children and young people have a strong sense of identity**

- 1.Children and young people feel safe, secure and supported.
- 2.Children and young people develop autonomy, inter-dependence, resilience and sense of agency.
- 3.Children and young people develop knowledgeable and confident self-identities and a positive sense of self-worth.
- 4.Children and young people learn to interact in relation to others with care, empathy and respect.

## **Outcome 2: Children and young people are connected with and contribute to their world**

- 1.Children and young people develop a sense of belonging to groups and communities and an understanding of their reciprocal rights and responsibilities necessary as active and informed citizens.
- 2.Children and young people respond to diversity with respect.
- 3.Children and young people become aware of fairness.
- 4.Children and young people become socially responsible and show respect for the environment.

## **Outcome 3: Children and young people have a strong sense of wellbeing**

- 1.Children and young people become strong in their social, emotional and mental wellbeing.
- 2.Children and young people become strong in their physical learning and wellbeing.
- 3.Children and young people are aware of and develop strategies to support their own mental and physical health, and personal safety.

## **Outcome 4: Children and young people are confident and involved learners**

- 1.Children and young people develop a growth mindset and learning dispositions such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity.
- 2.Children and young people develop a range of learning and thinking skills and processes such as problem solving, inquiry experimentation, hypothesising, researching and investigating.
- 3.Children and young people transfer and adapt what they have learnt from one context to another.
- 4.Children and young people resource their own learning through connecting with people, place, technologies and natural and processed materials.

## **Outcome 5: Children and young people are effective communicators**

- 1.Children and young people Interact verbally and non-verbally with others for a range of purposes.
- 2.Children and young people engage with and gain meaning from a range of visual images and texts.
- 3.Children and young people collaborate with others, express ideas and make meaning using a range of digital technologies and media and communication technologies.



# MY TIME OUR PLACE ACHIEVEMENTS

The Table below shows the outcomes that will be achieved in the activities we have programmed for the upcoming holiday period.

Weeks 1 & 2- Spring SVC

MTOP	25/9/2023	26/9/2023	27/9/2023	28/9/2023	29/9/2023	2/10/2023	3/10/2023	4/10/2023	5/10/2023	6/10/2023
1.1	✓	✓	✓	✓	✓		✓	✓	✓	✓
1.2	✓	✓	✓	✓	✓		✓	✓	✓	✓
1.3	✓	✓	✓	✓	✓		✓	✓	✓	✓
1.4	✓	✓	✓	✓	✓		✓	✓	✓	✓
2.1	✓		✓	✓	✓		✓	✓	✓	✓
2.2	✓	✓	✓	✓	✓		✓	✓	✓	✓
2.3	✓	✓	✓	✓	✓		✓	✓	✓	✓
2.4	✓	✓	✓	✓	✓		✓	✓	✓	✓
3.1	✓	✓	✓	✓	✓		✓	✓	✓	✓
3.2	✓	✓	✓	✓	✓		✓	✓	✓	✓
3.3	✓	✓	✓	✓	✓		✓	✓	✓	✓
4.1	✓	✓	✓	✓	✓		✓	✓	✓	✓
4.2	✓	✓	✓	✓	✓		✓	✓	✓	✓
4.3	✓	✓	✓	✓	✓		✓	✓		✓
4.4	✓	✓	✓	✓	✓		✓	✓	✓	✓
5.1	✓	✓	✓	✓	✓		✓	✓	✓	✓
5.2	✓	✓	✓					✓	✓	✓
5.3		✓	✓	✓				✓	✓	✓





# NATIONAL QUALITY STANDARDS

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## QA1: Educational Program and Practice:

This School Holiday Program we will be catering the program around the season spring and events that will be taking place around this time. We will have a different focus everyday to ensure that the program is inclusive to all different types of skills and interests. This SVC we will be including a fun Jersey Dress up day on a sports day and a PJ dress up day at the service. Children will be offered to opportunity for spontaneous play as well as structured play while at the service.

## QA2: Children's Health and Safety:

- Children will have available a range of outdoors and indoors activities that promote their health and wellbeing while at the service.
- Children will have an available a range of different healthy afternoon tea meals available to them each day.
- Children will have a sleep and rest area available to them at all hours throughout the day.
- Children will have an headcount done at the service to ensure their safety while at the service.

## QA3: Physical Environment:

- Staff will perform a Work health and safety check on arrival every morning.
- Risk assessments are written up to minimize risks during Excursions and Incursions.
- All equipment used during the day of the service will be cleaned and sanitized as much as possible every day.

## QA4 Staffing Arrangements:

- Staff will be required to engage the children in the program as much as possible but also allow children to express their own interests.
- Staff will be required to follow ratio requirements while at the service and on excursion to ensure the best supervision.
- Rosters will be done accordingly to meet ratio requirements and constant upkeep with changes to roster.
- Staff are required to show professionalism at all times during the day while on excursions and while the service.

## QA5 Relationships with Children:

- Respectful Relationships are maintained with each child.
- Staff will be required to build trusting relationships with children and support and engage children at the service.
- Each child will be able to express their own opinions and will take charge of their wellbeing and needs during the program.

## QA6 Collaborative partnerships with families and communities:

- Families will be asked to provide feedback on the program/service.
- Families will have the opportunity to provide feedback all through out the program.
- Children will visit Canberra's local areas during excursions.

## QA7 Governance and Leadership:

- Leadership will be available at all times of the day for effective leadership for staff and children during the day.
- At least 2 Supervisor on Excursions and Incursions and a First Aid Officer on floor at all times.
- Evaluations to take place daily to support further days and future SVC planning.